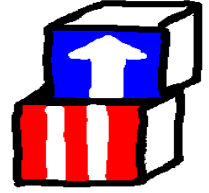




Community Service Programs of West Alabama, Inc.  
Head Start/Early Head Start



## Parent Tips and Reminders

1. You have always been your child's first teacher!
2. You can do this!
3. We are here to help!
4. Be patient, stay calm, and take care of yourself (physically and mentally)!
5. Pace yourself and take your time!
6. It may take some time to adjust!
7. You don't have to go out and buy a lot of things to learn, use what you have at home already!
8. It is ok if your child doesn't get every question correct, try again later!
9. Encourage, don't discourage or shame!
10. Cherish this time and keep showing love!